Cambridge High School

Senior Information Sheet

Student Name: ­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Last) (First)

The responsibility of your school counselor in preparing the “Secondary School Report” or letter of recommendation for colleges and universities is to provide a summary of your achievements beyond your academic record. Conveying your unique qualities and potential for growth is not an easy task. Therefore, the counseling department would appreciate your giving an honest estimation of yourself in regards to what you have done and what you have left to do, both in and outside of school.

This form should be typed or printed neatly in the space provided. Please attach additional sheets if needed. Please return the completed form to your school counselor by **Monday, September 16, 2019.**

**First Application Deadline: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Please provide information on both school-related and non-school related activities that you have participated in during your high school years. This might include community or religious organizations, clubs, sports teams, summer studies, travel, volunteer service, or work experience. Please describe your involvement with these activities (e.g., if you received an award or held a leadership position). Please attach additional sheets if needed. No abbreviations please.

|  |  |  |
| --- | --- | --- |
| Activity | Honors Awarded/Contributions Made/Positions Held | Years of Participation |
|  |  | 9th  10th 11th 12th |
|  |  | 9th  10th 11th 12th |
|  |  | 9th  10th 11th 12th |
|  |  | 9th  10th 11th 12th |
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|  |  | 9th  10th 11th 12th |
|  |  | 9th  10th 11th 12th |

What three words would you use to describe yourself? Why?

What do you think is your greatest strength? What do you think is an area of growth for you?

When you reflect back on your experience at Cambridge, what experience are you most proud of? Why?

What experience did you find most challenging? How did you overcome this challenge?

What are your plans for after graduation? What do you hope to experience in college? What do you hope to contribute to the world?

Cambridge High School

Parent/Guardian Response Form

Name of Student: ­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Last) (First)

As parents/guardians, you know your student best and have a vested interest in their post-secondary choices and their success after high school. Please share your insights to assist the counseling department in getting to know your student better. If you could take some time to reflect on the following questions, it would help the school counselors as advocates for your student’s college application process. Please return the completed form to your student’s school counselor by **Monday, September 16, 2019**. Feel free to be funny, to be honest, and above all, to be proud. Thank you for your time.

**First Application Deadline: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

What has your student’s high school experience been like? Please don’t hesitate to write about both positive and challenging aspects of their high school experience.

Describe a major event that you view as a turning point in your student’s development and why you see this as such.

What is your student’s greatest strength? What do you think is an area of growth for your student?

I am most proud of my student because…

Something that I would like you to know about my student is…

Is there anything else that you wish to add that you think would help the counseling department in writing your student’s letters of recommendation (e.g., educational background, personal achievements, special family situation, special medical history, etc.)?